

Woman's Complete Rejuvenating Formula



**Smart Choice
Nutraceuticals**

INCLUDES:

1,000mg Calcium, 800 IU Vitamin D, & 880mg EPA/DHA Enteric Coated Omega 3's

Dietary Supplement—60 Packs

Supplement Facts

Serving Size 2 Packs (2 women's multi V & M formula tablets, 4 calcium citrate tablets, 2 fish oil capsules) Servings Per Container 30

Amount Per Serving	%DV	Amount Per Serving	%DV
Calories	20	Magnesium	200 mg 50%
Calories from Fat	20	(as Magnesium Oxide)	
Total Fat	1.7g 3%	Zinc (as Zinc Oxide).....	15 mg 100%
Vitamin A	2,000 IU 40%	Selenium	100 mcg 143%
(as Vitamin A Acetate)		(as Selenium Dioxide)	
Vitamin C (as Ascorbic Acid).....	200mg 333%	Copper	900 mcg 45%
Vitamin D ₃ (as Cholecalciferol).....	800 IU 200%	(as Copper Citrate)	
Vitamin E (as d-Alpha.....)	100 IU 333%	Manganese	1.8 mg 90%
Tocopheryl Succinate		(as Manganese Carbonate)	
with mixed Tocopherols)		Chromium	150 mcg 125%
Vitamin K	90 mcg 113%	(as Chromium Citrate)	
Vitamin B-1 (as Thiamine HCl).....	1.1 mg 73%	Molybdenum	45 mcg 60%
Vitamin B-2 (as Riboflavin).....	1.1 mg 65%	(as Sodium Molybdate)	
Niacin	14 mg 70%	Marine Lipid Triglycerides.....	1700 mg *
Vitamin B-6 (as Pyridoxine HCl).....	2 mg 100%	EPA (Eicosapentaenoic acid).....	480 mg *
Folic Acid	600 mcg 150%	DHA (Docosahexaenoic acid).....	400 mg *
Vitamin B-12 (as Cyanocobalamin).....	30 mcg 500%	Choline	425 mg *
Biotin	300 mcg 100%	(as Choline Bitartrate)	
Pantothenic Acid	5 mg 50%	Trace Mineral Complex	1 mg *
(as d-Calcium Pantothenate)		Boron.....	150 mcg *
Calcium	1,000 mg 100%	(as Boron Chelate)	
(from Calcium Citrate)			
Iodine (from Potassium Iodide).....	150 mcg 100%		

*Daily Value not established

Other ingredients: Gelatin, Microcrystalline Cellulose, Croscarmellose Sodium Stearic Acid, Glycerin, Hydroxypropylcellulose, Silicon Dioxide, Methacrylic Acid Copolymer, Propylene Glycol, Glyceryl Monostearate, Triethyl Citrate and Triacetin

Warning: This product contains Vitamin K, which interferes with the prescription drugs Coumadin and Warfarin. Do not take this if taking either of these drugs. **ALLERGEN INFO:** Contains soybeans and fish oil (Anchovy, Bonito, Mackerel, Sardine.)

Each 2 Pack Unit consists of an "am" and "pm" pack:

am Pack:

4 white calcium citrate tablets
2 opaque amber fish oil capsules
2 off-white multivitamins

pm Pack:

2 white calcium citrate tablets

Suggested Usage:

Take one "2 pack unit" daily as follows: am pack preferably in the morning, and pm pack at least 6 hours later, with or without food. If you miss the pm pack, discard it and start the next day with the am pack.

Manufactured by Paragon Laboratories exclusively for Smart Choice Nutraceuticals.

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KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions, store in a cool, dry place.
(59°-77°F/15°-25°C) (33-65% relative humidity) Tamper resistant package,
do not use if seal is missing.

